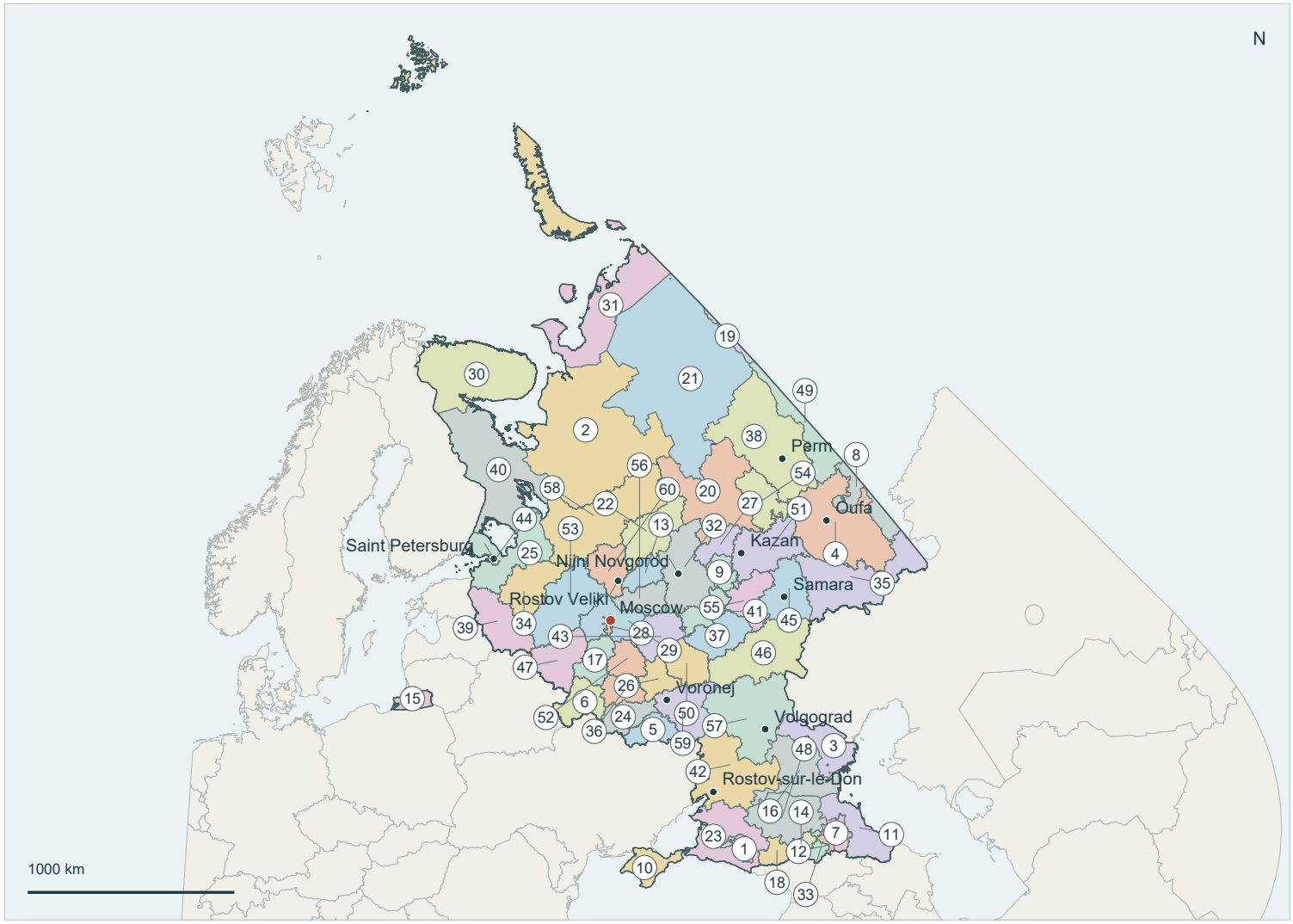
Russia - Regions and main cities

Russia to 60° E. Crimea is included based on de facto Russian control.



KEY

- 01 Adygea
- 02 Arkhangelsk Oblast
- 03 Astrakhan Oblast
- 04 Bashkortostan
- 05 Belgorod Oblast
- 06 Bryansk Oblast
- 07 Chechnya
- 08 Chelyabinsk Oblast
- 09 Chuvashia
- 10 Crimea and Sevastopol (under Russian contro
- 11 Dagestan
- 12 Ingushetia
- 13 Ivanovo Oblast
- 14 Kabardino-Balkaria
- 15 Kaliningrad
- 16 Kalmykia
- 17 Kaluga Oblast
- 18 Karachay-Cherkessia
- 19 Khanty-Mansiysk Autonomous Okrug – Ugra
- 20 Kirov Oblast
- 21 Komi Republic
- 22 Kostroma Oblast
- 23 Krasnodar Krai
- 24 Kursk Oblast
- 25 Leningrad oblast
- 26 Lipetsk Oblast
- 27 Mari El
- 28 Moscow
- 29 Moscow Oblast
- 30 Murmansk Oblast
- 31 Nenets Autonomous Okrug
- 32 Nizhny Novgorod Oblast
- 33 North Ossetia–Alania
- 34 Novgorod Oblast
- 35 Orenburg Oblast
- 36 Oryol Oblast
- 37 Penza Oblast
- 38 Perm Krai
- 39 Pskov Oblast
- 40 Republic of Karelia
- 41 Republic of Mordovia
- 42 Rostov Oblast
- 43 Ryazan Oblast
- 44 Saint Petersburg
- 45 Samara Oblast
- 46 Saratov Oblast
- 47 Smolensk Oblast
- 48 Stavropol Krai
- 49 Sverdlovsk Oblast
- 50 Tambov Oblast
- 51 Tatarstan
- 52 Tula Oblast
- 53 Tver Oblast
- 54 Udmurtia
- 55 Ulyanovsk Oblast
- 56 Vladimir Oblast
- 57 Volgograd Oblast
- 58 Vologda Oblast
- 59 Voronezh Oblast
- 60 Yaroslavl Oblast

- National capital
- Selected city

Crimea: under de facto Russian control, recognised by the UN as Ukrainian.

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